

## MONUMENT & 9A IMAGING & DIAGNOSTIC CENTER

1201 Monument Rd., Suite 101, Jacksonville, FL 32225

Phone: (904) 855-0700; Fax: (904) 855-0739

Name: _____
Address: _____
City, State, Zip: _____

\_\_\_\_\_  
Date of birth

\_\_\_\_\_  
Date of study

\*\*The results of your breast imaging study are provided below. A report has been faxed to your referring physician\*\*

- Normal/benign.** There was no evidence of cancer.  You should continue yearly mammograms.
- Probably benign.** Your examination showed an area that is probably benign (probably not cancer), but the following study (ies) are recommended:
- Mammogram of right/left/both breast(s) in \_\_\_\_ months.
- Ultrasound of right/left/both breast(s) in \_\_\_\_ months.
- Additional imaging studies needed.** Imaging, such as additional mammographic view or ultrasound, are necessary to complete the evaluation. Please call this center for an appointment at (904) 855-0700.
- Mammogram of right/left/both breast(s).
- Ultrasound of right/left/both breast(s).
- Previous mammograms needed.** There is a finding on you mammogram that needs to be compared to previous mammograms. Please forward your prior mammograms to this center as soon as possible. If you are unable to obtain your prior mammograms, please inform the center. If prior mammograms cannot be obtained, additional imaging (or possible even biopsy) may be recommended.
- Abnormal.** Your examination showed an abnormality that requires a biopsy. The only way that you can be sure that the abnormality is benign (not cancer) is to sample or surgically remove the area of concern and send these samples for pathological analysis. Your physician or referring health care provider will be informed about the need for this biopsy. You should contact your provider as soon as possible (if you have not already done so.)

Any recommended additional studies require a written order from your physician. If additional studies have been recommended, please call (904) 855-0700 to schedule appointment. Please obtain the proper order from your physician prior to your appointment. Alternatively, your physician may fax the appropriate order directly to this center at (904) 855-0739.

Although mammography is the most accurate method for early detection of breast cancer, not all cancers are found using mammography alone. A breast finding of concern should never be ignored. If you notice any new changes in your breasts you should consult your health care provider.

---

### American Cancer Society Guidelines for Breast Cancer Screening

- Annual (yearly) mammograms starting at age 40
- Breast exam by a physician every year for women older than 40 yrs (every 3 yrs for women in their 20's and 30's)
- Report any concerning breast changes promptly to your health care provider. Properly performed monthly self breast examinations may be of benefit for many women.
- Women considered at increased risk for breast cancer may require earlier or more frequent imaging studies.